



BITS AND BYTES

**ANGLICARE RETIREMENT VILLAGES
COMPUTER CLUB INC.
NEWSLETTER - AUGUST 2022**

SAFETY WHEN USING TECHNOLOGY

Just like driving a car, safety when using technology is important.

An **UNSECURED WEBSITE** is one where the address starts **http**, whereas a **SECURED WEBSITE** starts with **https**. When logging into a website, check you're connecting to a secure site by checking the address or a padlock icon in your web browser. Public networks and unsecured sites are where hackers will try to get your passwords, credit card details and so on. All **Gov. sites** and large corporations such as **Banks, Woollies, Coles, DJs, Bunnings** etc **offer secure websites.**

A VPN also offers protection!

A **VPN** or Virtual Private Network is a service protecting the internet connection & enhancing your online privacy—important when using unsecured websites or apps. A **VPN** redirects your internet traffic through a private server and encrypts it, so your identity, data and browsing activity are hidden. This means your activity (browsing) appears as a random stream of numbers so that no-one, including your internet service provider, Google advertisers, Facebook can access it.

How do I get a VPN?

You may already have one! Many VPNs are free & quite adequate for use by older adults. **If you want clarification of the VPN you use or need to use, talk to our Technicians or Techmates. Book a visit 9899-7551**

WHAT ABOUT ANTI VIRUS SOFTWARE?

Anti Virus & security software are more than likely built into your device on purchase. Windows desktop & laptops use **Window Security**, Android phones & Tablets use **Google Play Protect**, Apple Desktop & Laptops use **MacOS Security** and Apple iPhones & iPads use **IOS Security**

Android devices can be more susceptible to viruses, malware and spyware than Apple devices. There are apps you can download to reduce risks, including some that offer basic protection for free.

Keep updating your device installations.

Many older adults when 'asked' by their device if they wish to install an update—fail to press **UPDATE!** If a threat is detected, the anti virus software will isolate it from your device and report to you a threat was detected and removed. You might be safe and careful noting **https** on websites but **can you be confident your family & friends are?**

Not having an anti virus program is like riding a bike without a helmet. You may never need it but on the one occasion you do – you will be forever grateful!

Speak with our technicians if you have concerns about antivirus software.

**WHAT ABOUT YOUR SAFETY HABITS
when using your devices?**

-TURN OFF Bluetooth, Wifi, GPS and location Services if you're not using them.

-Ignore email links (**DELETE**) & attachments you don't recognise.

-Ignore calls from **ROBOTIC SERVICES**. Voice phishing scams are easy for scammers to 'cast out' and see who bites. When you answer the phone, the recorded voice tells you some false information and sounds urgent. Nothing is urgent! The robotic voice asks you to provide personal information to correct a situation. Your personal information could be used later for identity theft. **Never give personal information**. As soon as you hear the recorded voice **HANG UP!**

-Ignore links and attachments in text messages from numbers you don't recognise. **SMS phishing scams** try to get you to click on a link or download an attachment. By doing this, you open the door to malware that can hijack your personal information. SMS phishing campaigns pretend to be couriers or parcel delivery companies (DHL or Aust Post). If you are expecting a delivery be **super cautious about clicking on any links** within the message.

-Ignore links and attachments on social media from profiles you don't recognise. As our mothers used to tell us...

DON'T TRUST STRANGERS (online)!

Stay safe online!

MEMBERSHIP SUBSCRIPTION

We are now into our last month for Annual Subscription of **\$20.00**.

To renew your membership:

- ♦ **Pay EFT to Westpac Bank**
ARV Computer Club
BSB: 032 173
A/c Nbr: 348618
- ♦ Pay by **Visa or Mastercard** at Club Rooms, **OR**
- ♦ **Enclose \$20** in envelope provided and bring to Bradford Rooms.
- ♦ If the Club is unattended, leave in our locked mail box near ramp.



Ken & Sue Macauley
Barb McGee

Mowll
Hopetoun



"WELL, I TOLD YOU NOT TO OPEN THAT ATTACHMENT!"



NOTICE OF ANNUAL GENERAL MEETING

Notice is given that the AGM of the Computer Club (CC) will be held on

Tuesday, September 6

@2.30pm in the Menzies Room.

Meeting Agenda will include election of the CC Committee for **2023/2024** as per our Constitution.

Nomination of candidates for election as *Members of the Committee*, must be made in writing, signed by **2** members and must have the written consent of the candidate.

Nomination forms are available from the CC Rooms and must be left at Reception

by August 30, 2022

Members are invited to attend the AGM

WOULD YOU CONSIDER BECOMING A MEMBER OF THE COMPUTER CLUB COMMITTEE?

The Club is looking for residents who are Club Members, to join our Committee for 22/23. This is a *highly enjoyable role* where you meet other village residents and have a participatory role in deciding the Club actions and plans for the coming year.

The Committee meets once a month in Lober House on a nominated Monday @ 9am for 30-45 mins.

Ring 98997551

if you would like to join the committee and speak to Neil Davidson.

Your contribution would be greatly valued.

THANK YOU Gwen Bradford



After 15 years of

outstanding contribution to our ARVCC, Gwen Bradford has resigned from the Club Committee. Gwen's contribution has been immense, being recently acknowledged in a hand written card to Gwen from the NSW Governor, Her Excellency, Margaret Beazley.

Gwen's Award of Life Membership of the Club, her many editorial recognitions for Bits & Bytes over 15 years and the recent acknowledgement of Gwen's contribution along with husband Lynton Bradford, in the naming of our Bradford Rooms, are now part of the Club's history.

As our very dedicated Membership Secretary since 2008, Gwen has kept the ship afloat. Indeed **'tracking everyone and everyone on track!'** Thank you Gwen ! Your friendship and many hours of selfless contribution have greatly enhanced our Club of now **378 members.**



"The hospital computer system has a virus. Ironic, isn't it?"



CARDS FOR SALE @ CLUB ROOMS

Greeting cards \$1.00 with envelopes

A wide selection of Greeting Cards. Birthdays, Anniversaries, Get Well, Thinking of You and Sympathy Cards. Visit the Bradford Rooms and browse for selection. Personalised Cards accommodated for a little extra cost.



VILLAGE REPRESENTATIVES

2022

Mowll

Neil Davidson (Pres. & Guest Speakers)
Trevor Arnett (Village Rep)
Elaine Barker (Village Rep)

Warrina

Lynton Bradford (VP & Membership)
Rod Roberts (Village Rep)
Clare Hamilton (Training)
Chris Keay (Village Rep)

Nuffield

Elizabeth Pedersen (Treasurer)
John Gaffey (Genealogy)

Hopetoun

June Murray (Village Rep)
Jeannette Westley (Village Rep)

Glenhaven Green

Jan Andrews (Village Rep)
Norm Connellan (Sec. & Public Officer)

Club Rooms

Ground Floor, Lober House, 1 Lober Drive

Phone—**9899-7551**

Email:

computer.club@anglicare.org.au

Website: arvrcc.org

Club Rooms Open **Tues. 9am-12pm**
Thurs 9am-12pm

For help, please [phone](#) or [email](#)
for **appointment**

Editor **Merilyn Davidson**

Presidents Report July 11th

- ◆ **Techmate** update - 2 by 14.7.22
- ◆ **Clubroom Blinds**—Waiting!
- ◆ Membership renewal –good response!
- ◆ **Ramp Safety Rails**—HOORAY!
- ◆ **BeConnected** –continuing
- ◆ **Accounts Payable**..thanks to Geoff Litchfield for developing new Access Invoice Data Base System for Club sales. BRAVO!
- ◆ **Bits and Bytes**. Some hard copies available from Wills, most members now receiving online.
- ◆ **MYGOV** workstation in operation for all members.



**Unit #7 5 Hudson Ave
Castle Hill. 2154.**

Just a reminder that our Club has an arrangement with Cartridge World for our members to order ink cartridges or toners, either by phone or online. These are then delivered to our Club for pickup. Payment is to be made to Cartridge World at time of ordering.

Phone: 9659 5366

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