

THE COVID EXPERIENCE?

"Truthfully I think the most we can hope for is a greater appreciation for the profound fragility of the things that normally keep us functioning. Our friendships, entertainment, ways of being in the world, all so easily threatened by simply not being able to leave the house very much. I have found that very humbling, and very difficult. I hope also we can learn to be a little more compassionate with ourselves about the fact that we are all creatures who need to live and will one day die.

Before Covid, it was very easy to see each other and ourselves as our jobs, or athletic achievements, or how we're measuring up to a set of criteria about how our lives "should" be going. Seeing everybody's houses and children and needs via Zoom will I hope let us be compassionate about the fact that we all have them, and there's no shame in taking care of them."

(Eleanor, New philosopher in residence, The Ethics Centre, Sydney.)



Just a Thought...



VILLAGE REPRESENTATIVES

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Neil Davidson (President 0418 354 119
and Guest Speakers)

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Visit us on our website: arvrcc.org

The Club is open -

Tuesdays - 9.00 until 12.00 noon

Thursdays - 9.00am until 1.00pm

**Please observe Coronavirus restrictions
for entering the club rooms.**

**For sales of Cards, badges and other
items just come in .**

For help, please phone for appointment.

Newsletter Editor: Gwen Bradford

Disclaimer: This newsletter and any attachments are provided "As Is" without warranty of any kind. Each reader assumes complete risk as to the accuracy and any subsequent use of the contents.

Welcome back everyone.

The format for this Newsletter is a little different. But a change is better than a holiday, as we can't really take a holiday!

Guest speakers are back!

We can't meet all together so

We will have a

General Zoom Meeting

Tuesday 6th October 2020 at 1:30pm

First stage at 1:25pm,

Second stage at 2:15pm

. So we are looking forward to welcoming new members, and are happy to be re-connecting with current members.

Here is a quick guide to set it up ZOOM meeting on Windows 10.

1. On your Internet Browser Search for **zoom.us/download**
2. Download and install the App **Zoominstaller.exe**
3. When time to Join the ZOOM meeting
4. Open Zoom App, Click "Join"
5. Enter the meeting ID, your name and click on "Join"

Note: For a complete detailed guide, go to our website and the **Welcome page**

You can also Join in Apple/Android tablets and phones by downloading and installing the App. Joining is easier on mobile devices

October 6th Presentation

Speakers:

Greg Jackson & Pam Forbes

Australian National Maritime Museum

Topic:

Sydney Quarantine Station

Greg & Pam are archaeologists who have been using state-of-the-art technologies to uncover the secrets of the Quarantine Station.



The tip for this month

The banks are closing more branches. For example, the **Round Corner NAB** has now gone

Did you know you can use the **Post Office** to do your banking deposits, withdrawals and certain other services from all the major Australian banks?.